



WILLIAMSBURG LANDING®

Phase 3 **REVISED** Reopening Plan

Updated September 15, 2022

Subject to change

**All changes have been made in red.
This is a fluid plan and subject to change.**

Services

Phase 3

Visitors to Independent Living (access)	<p>Guests are permitted on campus. No limit to number of visitors for Independent Living households.</p> <p>Mask wearing is optional for <u>residents</u>, <u>guests</u> and staff in Independent Living areas.</p> <p>For visitation to HRC/AL/MS, see appropriate section for details. Masks are required in these facilities.</p>
Library	<p>The library in the Landing Building is open 24/7. Masks are optional for residents and guests. Newspapers, magazines, computer and Low Vision Reader are available for usage. Returns: the Library will no longer be quarantining all materials borrowed from this Library. All items and 1 or 2 donations must be placed in the book slot drop to the right side of the entrance. Please do not open the Book Drop for any reason & remember to return borrowed items as soon as you can. Please sign out all books and AV being borrowed. Alphabetical 3 ring binders for both books and AV (last name) will be used as in the past. Please complete fully. When you return the item(s), cross out the entry you made on your page. This is part of our Honor Code.</p>
Board Committee Meetings	<p>In-person meetings, Masks are optional for residents and staff.</p>
Chesapeake Bank	<p>Open with regular hours (9am - 1pm). Masks are optional for residents and staff.</p>
Store Opening	<p>The Landing Store is open to residents and staff. Will continue to take phone and email orders. Call 565-6523. Deliveries on Tuesdays and Thursdays will continue. Port of Call Store at Assisted Living remains open. Masks are optional for residents and staff.</p>
Beauty Salon at the Landing Building	<p>Salons are open and there are 1-2 stylist in the salon. Appointments are required. To make an appointment, call 253-9686 or the Assisted Living salon 258-2179. Independent Living residents can go to either the Landing Building or Assisted Living for services. Proper cleaning and sanitation takes place after each client and high touch areas are cleaned often. New capes are used with each client. Rachael (only) goes to Memory Support on Thursday. Masks are required for AL & MS salons. Masks are optional for residents and staff in IL.</p>
Reception/Guest Rooms	<p>Open in the Landing Building and Assisted Living</p>

Activities

Phase 3

Classes/Group Activities	Attendance will be based on location. Reservations for events can be made by calling the Activities Office. All equipment sanitized before and after each event. Masks are optional for residents and guests.
Outside Performers/ Speakers	Entertainment/guest speakers will be scheduled on a regular basis. Entertainers and Performers going to AL/HRC/MS or Adult Day will be screened in those buildings. Masks are optional in Independent Living.
Outings/ Grocery Shopping/ Overnight Trips	<p>Outings are scheduled on a regular basis. No seating limitations with residents and drivers wearing masks at all times.</p> <p>Grocery Shopping is scheduled on a weekly basis. No seating limitations. Schedule published in First Mate and Week At A Glance. Masks are optional for residents and fully vaccinated drivers (staff).</p>
Bocce/Pickleball/ Tennis	Courts now open. Reservations required for Bocce, call the Health Club.
Billiards at the Landing Building	Open Play.
Bridge Games	Open play. No Sanctioned bridge (outside guests).
Resident Led Clubs & Committee Meetings	In-person meetings. Masks are optional for residents and fully vaccinated staff. Call Activities to reserve space and coordinate cleaning.

Adult Day

Phase 3

Participant and Staff Arrival	Before entering the center participants and staff will be screened and have their temperature taken prior to entering. Anyone exhibiting signs or symptoms or with a temperature of over 100 will be sent home. Staff will wear masks at all times. Participants will be encouraged to wear masks, if appropriate. Staff, participants, and all visitors will wash their hands upon entering the Center.
Visitors, Entertainers	Visitors/Entertainers will be allowed into the Center. Anyone entering the center will be screened and their temperature will be taken. All Visitors will be required to wear masks indoors and wash their hands upon entering the center.
Activities and Meals	Although we are no longer social distancing by 6 feet, we will still encourage participants to have some distance from one another, especially when singing, etc. No masks required when outdoors if everyone is vaccinated.
Outings	Outings will be taken on a "to be determined" basis.
Volunteers	Anyone entering the center will have their temperature taken, will be screened and will wear masks.

Admissions	<p>Tours available, by appointment only. Visitors will be screened at the front door and must wear a mask. For prospective residents, virtual tours are offered upon request.</p> <p>Move-In Process: Admissions allowed. New residents are strongly encouraged to be vaccinated. If unvaccinated, will be required to have a negative rapid COVID test three days prior to admission.</p> <p>Move-In day: Whether vaccinated or unvaccinated, all new residents will have a rapid Covid test administered on the day of admission. Resident, family member, and all members of the moving company must be screened at the front door, wear a surgical mask, and utilize the most direct route from the entrance to the apartment. Social distancing will be practiced to the best extent possible at all times. Movers must wear a mask at all times.</p> <p>For both tours and move-ins, visitors/movers/new residents are required to screen in to ensure absence of concerning symptoms and/or fever prior to proceeding with the visit. Visitors who have a positive viral test for COVID-19, or currently meet the criteria for quarantine, should not enter the facility. While visiting, please practice infection prevention measures, including proper hand hygiene, proper wearing of face masks (covering mouth and nose), and maintaining distance between guests/movers and resident. Visitors should NOT wander through the facility, regardless of vaccination status.</p>
Dining	Dining room open for breakfast, lunch and dinner. Guests are also permitted. Please call prior to make a reservation if a guest is joining.

<p>Visitors</p>	<p>Visitors allowed, with restrictions. Appointments are not required and there is no maximum visitation time. Visitors are required to screen in to ensure absence of concerning symptoms and/or fever prior to proceeding with the visit. Visitors who have a positive viral test for COVID-19, or currently meet the criteria for quarantine, should not enter the facility.</p> <p>Visitation Locations: Guests are required to wear masks at all times, whether vaccinated or unvaccinated, even in residents rooms, and maintain 6 feet of distance and wear a mask at all times. While visiting, please practice infection prevention measures, including proper hand hygiene, proper wearing of face masks, and maintaining distance between guest and resident. Now allowing overnight guests in resident rooms.</p>
<p>Activities/Exercise</p>	<p>Allowing group activities. All staff and residents must properly wear masks, covering their nose and mouth. Maintaining 6 feet apart in indoor settings or rooms that accommodates distancing. Bus Outings allowed with use of face masks and proper hand washing before and after any outings.</p>
<p>Beauty Salon at AL</p>	<p>All salons are open and there are 1-2 stylist in the salon. Appointments are required. To make an appointment, call the assisted living salon 757-258-2179. Proper cleaning and sanitation takes place after each client and high touch areas are cleaned often. Masks are required for all staff and residents. New capes are used with each client.</p>

Please note that these guidelines could change at any time based on infection rates in James City County and/or at Williamsburg Landing.

Chaplain Services

Phase 3

<p>Campus-Wide Services <i>Contingent upon the current safety regulations and guidelines for each area of our community.</i></p>	<p>The Chaplain Team is offering in-person spiritual programming to include memorial services and church services (see Week-at-a-Glance or Oasis of Peace for schedule).</p> <p>The Chaplains are providing in-person pastoral visits and telecare ministry as needed.</p> <p>The Chaplains are providing a fervent prayer ministry for our residents and staff.</p> <p>Chaplains will continue to provide residents with the "Oasis of Peace" on a monthly basis. Following current regulations in HRC; providing 1:1 engagement.</p>
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Independent Living

Dine In Service

Breakfast

- The Cove: Monday - Saturday, 7:30am to 10:00am
- Main Dining Room: Sunday Breakfast from 7:30 to 10:00am and Sunday Brunch from 11:00am to 2:00pm
- Reservations recommended for brunch

Lunch

- The Cove: Monday - Saturday, 11:30am to 7:00pm. No reservations

Dinner

- The Cove: Monday - Saturday, 11:30am to 7:00pm
- Main Dining Room: Monday - Saturday, 4:30 to 7:00pm ○ Reservations recommended.

Grab & Go

- The Cove: Monday - Saturday, 11:30am to 7:00pm

Carry Out

- Monday - Saturday, 2:30 to 4:30pm

Delivery

- Monday - Saturday, 2:30 to 4:30pm. Delivery fee is \$5.00.

Dining (HRC, AL, MS)

Phase 3

Health & Rehab	HRC N1 open for breakfast, lunch, dinner. Room service is available to all residents. The Country kitchens are permitted to be utilized for asymptomatic residents
Assisted Living	Dining room open for breakfast, lunch and dinner. Guests are also permitted. Please call prior to make a reservation if a guest is joining.
Memory Support	Memory Support kitchen open and served to residents in Memory Support. Family may be present during meals to assist but must be fully masked.

Facilities Management

Phase 3

Work Orders	Return to regular maintenance repair and Preventative Maintenance operations. Masks are optional for employees and contractors UNLESS they enter HRC/AL/MS or Adult Day.
Renovations	Contractors (if needed) are screened at security and report directly to work site. Masks are optional for outside contractors UNLESS they enter HRC/AL/MS or Adult Day.

Admissions	Not currently accepting outside admissions.
Rehab	HRC gym continues to be open to all residents. IL residents are screened upon entering the HRC. All residents are expected to wear a face mask throughout treatment unless contraindicated. We will social distance in the gym and have a maximum of four residents in the gym with proper distance between each treatment. Residents who are on quarantine or on transmission-based precautions for suspected/confirmed COVID-19 infection are allowed to use the gym so long as no other residents are present in the gym at that time. Equipment is to be wiped down between use.

Essential Healthcare Workers (EHP)	All EHP will be allowed to enter HRC to care for the residents of HRC. EHP contactors will be required to follow Williamsburg Landing HRC's testing frequency, which is based on the facility's COVID-19 status as well as the COVID-19 transmission rates in James City County. CNA students and facility interns will be allowed to re-enter the facility with screening, documented COVID education, adherence to WL HRC's testing guidelines and proper infection control protocols.
Dining	HRC N1 open for breakfast, lunch, dinner. Room service is available to all residents. The Country kitchens are permitted to be utilized for asymptomatic residents
Visitors	HRC follows the most up to date CMS Memo QSO-20-39-NH REVISED, unless guided otherwise from the local Department of Health. Visitation will be limited to guest rooms, all visitors will receive temperature checks, will be required to wear masks and if they are not feeling well, we ask that they refrain from visiting.
Activities/ Exercise	Group Activities are on hold during this time. Activities will be held on a 1:1 basis in the resident's rooms when appropriate.

Doig Health Club & Spa

Phase 3

Access to Doig Health Club & Spa	<p>Hours: Sundays from 12pm - 4pm, Monday - Friday from 6am - 6pm, Saturdays from 7am - 3pm. Resume 24 hour access for employees. Visitors on campus permitted to use health club. Contracted instructors can return to provide services to residents/staff.</p> <p>Exercise equipment will continue to be cleaned frequently.</p> <p>Masks are optional for residents, guests and fully vaccinated staff.</p>
Outdoor Pool	Open 6am - 8pm daily, weather permitting.
Group Exercise Classes	Group exercise classes have resumed on a regular basis. AL, MS, HRC classes resume.
Indoor Pool/Hot Tub/Locker Rooms	Hot tub open. Locker rooms at full capacity all showers/lockers/stalls open; same sanitation schedule.
Flea Market	Open. Masks are optional for residents and fully vaccinated staff.

Housekeeping

Phase 3

IL	Normal cleaning schedule. Masks are optional for staff.
AL/HRC/MS	No changes to current housekeeping services. Staff are required to wear masks, properly covering the mouth and nose.

Independent Living (Clinic)

Phase 3

Clinic Appointments	Sentara Medical Group staff is taking appointments and will determine type of visits based on issue. Walk-ins are asked to call prior to entering so reception can greet you at door to screen. Hours: Monday-Friday, 8:00 AM - 4:30 PM. Masks are optional for residents and mandatory for staff.
Podiatry Appointments	Available by appointment only. Please call the clinic to schedule.
Audiology Appointments	Dr. Tucker has resumed services on a monthly basis. Appointments are to be scheduled with her office (757-229-4004).
Caregivers	Caregivers are allowed on campus however we do request if you are sick to please stay home.
Dementia Services	All programs and support groups have resumed meeting in person however we request if you are not feeling well do not attend in person programming. Sensory Surroundings in HRC providing 1:1 engagement

Information Technology

Phase 3

Resident Move-Ins/Transfers	IT staff continues set-up service. Masks are optional for employees UNLESS they enter an HRC/AL/MS, Adult Day and Clinic where masks are still required.
Resident Support Calls	Multiple team members may provide on-site service for residents. Masks are optional for employees UNLESS they enter an HRC/AL/MS, Adult Day and Clinic where masks are still required.

Marketing

Phase 3

Prospect Tours	In-person or virtual tours available. Prospects may drive separate from staff. Occupied resident homes may be shown if the current resident is comfortable with doing so.
Appointments	In person tours available. Masks are optional for visitors and staff, unless entering HRC/AL/MS, Adult Day and the Clinic (covering the mouth and nose).
Move-Ins/Move Outs	No self-quarantine required prior to move in.
Marketing Communications	First Mate 1x/week, Resident & Public Website-operational updates, K4 Connect Kiosks and TV. COVID hotline updated as needed.
Contractor Services	Contractor Service allowed with PPE. Contractors necessary to provide move in/out.
Guest Rooms in the Landing Building	Guests rooms open for reservations.
Special Events	Case by case evaluation, masks encouraged.

Memory Support (1/2)

Phase 3

Admissions	<p>Tours by appointment only. Screened at the front door, must wear a mask. For prospective residents, virtual tours are offered upon request. Move-in Process: Incoming resident is strongly encouraged to be fully vaccinated and provide COVID vaccine card prior to admission will receive a rapid COVID test upon arrival. If unvaccinated, a rapid COVID test is required 3 days prior to admission, on admission day, and 5 days after admission. For both vaccinated and unvaccinated new residents, they will be rapid-covid tested on the day of admission. Move-in day: Resident, family member, and all members of the moving company must be screened at the front door to ensure absence of concerning symptoms and/or fever prior to entering the building, wear a surgical mask, and utilize the most direct route from the entrance to the apartment. Social distancing will be practiced to the best extent possible at all times. Movers must wear a mask at all times. Any guest who has a positive viral test for Covid-19 or currently meets the criteria for quarantine should not enter the facility. Guests are encouraged to practice infection prevention measures, including proper hand hygiene, proper wearing of face masks, and maintaining distance between guests/movers and resident.</p>
Visitors	<p>Allowed visitation, no appointment required, and no time limit for the visit.—Only 4 visitors per resident. Visitation will be held in the main sitting area, outdoors in the courtyard/porch or in the resident’s room. All visitors are screened to determine the absence of symptoms and/or fever, will enter in the main entrance for Memory Support, must be wearing a surgical mask, and will be escorted to visitation area. Visitors who have a positive viral test for Covid-19, or currently meet the criteria for quarantine, should not enter the facility. If visiting outdoors you may remove your mask if maintaining 6 feet of distance. If visiting in a resident’s room, everyone must wear their mask at all times and maintain 6 feet of distance, regardless of vaccination status. While visiting, please practice infection prevention measures, including proper hand hygiene, proper wearing of face masks, and maintaining distance between guest and resident. Visitors should NOT wander through the facility, regardless of vaccination status.</p> <p>Loved ones can call ahead if they would like to dine with their loved one. Must know ahead of time to let the kitchen know.</p> <p>Drop-ins are welcome depending on availability.</p>

Memory Support (2/2)

Phase 3

Dining	Memory Support kitchen open and served to residents in Memory Support. All CDC/VDH guidelines are being followed. Family may be present during meals to assist but must be fully masked. Guests welcome, advance notice is appreciated. Staff will assist residents in washing their hands before all meals.
Beauty Salon at Assisted Living	Beauty Salon appointment only for HRC and MS residents.
Activities/Exercise	All group activities will be limited to 1:1.

Security

Phase 3

Deliveries from Family Members to AL & MS Residents	Deliveries are made by the family member and dropped off with the receptionist at the respective locations.
Deliveries from Family Members to HRC	Deliveries from family members to HRC residents may be delivered directly their rooms.
Deliveries from common carriers, newspapers, medicine deliveries	Allow common carriers (FEDEX, UPS, etc.), newspaper delivery, medicine delivery to drop off at residential home or apartment for Independent Living only. Deliveries to AL/MS/HRC have the deliveries left at the receptionist desk to limit drivers contact with residents.
Furniture/Specialty Deliveries	Deliveries allowed to IL residents. Masks optional but required if entering HRC/AL/MS, Adult Day and the Clinic.
Normal Security Duties	Continue. <i>All visitors and contractors to HRC, AL, MS and Adult Day will be screened at the front gate by Security from 6PM-8AM, Monday thru Sunday.</i>

Transportation

Phase 3

Shuttle	On campus shuttle transportation will be available Monday - Friday from 8AM to 8PM and on Saturday and Sunday from 11AM to 4PM. Drivers are required to wear a mask when transporting residents from HRC, AL or MS.
Medical Appointments	Transportation available to medical and personal appointments. Medical appointments take priority over personal appointments. Drivers are required to wear a mask when transporting residents from HRC, AL or MS.
Grocery Shopping	Drivers are required to wear a mask when transporting residents from HRC, AL or MS. AL/HRC/MS residents and aides still need to wear a mask as well. Grocery shopping trips are combined with AL residents to conserve fuel and maximize the space on the bus. If IL and AL residents and aides are in the car together, everyone must wear a mask. Reservations can be made by calling the Activities office. See The First Mate for shopping schedules. A 24 hour notice is recommended.
Trips/Outings	Trips/Outings will be scheduled based on the activity calendar. Masks are optional for residents. If IL and AL residents and aides are in the car together, everyone must wear a mask. Reservations can be made by calling the Activities office. Drivers are required to wear a mask when transporting residents from HRC, AL or MS.